

Mark Morris Dance Group, George Mason University's Center for the Arts
and the Hylton Performing Arts Center present:

DANCE *for* PD[®]

CLASSES | TRAINING | RESOURCES

A PROGRAM OF THE
MARK MORRIS DANCE GROUP

A Free Movement Class

for persons with Parkinson's and their families, friends and care partners

Saturday, March 2

11:00 a.m. – 12:15 p.m.

Hylton Performing Arts Center
10960 George Mason Circle
Manassas, VA 20109

Class is offered free of charge
and is led by teaching artists from
the Mark Morris Dance Group.



"The music and movement started, I was filled with great joy. I was able to take the whole class and walked out feeling accomplished. I saw the endless possibilities." —Dance for PD[®] student

Register online at
<http://bit.ly/dfpdhylton2019> or by
phone at 1-800-957-1046 ext. 5.

About Dance for PD[®]

In internationally-acclaimed Dance for PD[®] classes, participants explore movement and music in ways that are enjoyable, stimulating and creative. This award-winning global program is appropriate for anyone with PD, at all levels of ability and mobility. No dance experience is required. In chairs, at a barre or moving across the floor, you will explore elements of modern dance, ballet, creative movement, tap, folk and social dancing, and Mark Morris company repertory in a non-pressured, social environment in which live music energizes, enriches and empowers. Classes modeled after the Dance for PD method are available in more than 300 communities in 25 countries around the world. For more information about the program, please visit www.danceforpd.org.

Mark Morris Dance Group at George Mason University's Center for the Arts

MMDG performs at GMU's Center for the Arts Concert Hall in Fairfax in two performances only, March 1 and 2 at 8 p.m.
For information and tickets, visit <http://cfa.gmu.edu/> or call 703-993-2787.



Center for the Arts

